

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Beef Stew Dinner Roll —Fruited Vanilla Yogurt— Turkey, Ham & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Creamy Cucumber Salad	2 Chicken Marsala w/ Mushroom & White Wine Sauce Penne Pasta, Carrots, Peas —Orange— Turkey & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Marinated Beet Salad	3 Breaded Fish Cilantro Lime Rice, Green Beans —Banana— Chinese Chicken Salad w/ Mandarin Oranges, Cabbage, Carrots, Onion, Asian Dressing & Crackers
6 Salisbury Steak w/ Mushroom Gravy Au Gratin Potatoes, Broccoli —Melon— Egg Salad Sandwich with Spinach and Tomato, Carrot w/ Jicama Salad	7 Vegetable Frittata Corn, Zucchini Medley —Peaches— Turkey & Ham Cobb Salad w/ Egg, Tomato, Bacon, Ranch Dressing & Crackers	8 Roast Turkey w/ Gravy Herb Stuffing, Green Beans —Banana— Greek Chicken Salad w/ Tomato, Olives, Cucumber, Feta Cheese, Vinegarette Dressing & Crackers	9 Roast Beef w/ Gravy Mashed Sweet Potatoes, Collard Greens —Mandarin Orange— Ham & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Marinated Cucumber & Tomato Salad	10 Chicken Pasta w/ Creamy Green Sauce Spiral Pasta, Cauliflower, Peas —Waldorf Salad— Chicken Caesar Salad, Romaine Lettuce, Croutons, Caesar Dressing & Crackers
13 Chicken & Rice Casserole Carrots, Corn —Cookie— Chicken Salad Sandwich with Spinach and Tomato, Carrot and Pineapple Salad	14 Spaghetti w/ Meatballs WG Dinner Roll, Broccoli —Banana— Garden Salad w/ Chicken Garbanzo Beans, Red Onion, Celery & Tomatoes, Italian Dressing & Crackers	15 Chicken Enchilada Casserole w/ Red Sauce Black Beans, Zucchini —Orange— Chef's Salad W/ Turkey, Ham, Egg, Tomato, Bacon, and Blue Cheese Dressing & Crackers.	16 Lemon Pepper Fish White Rice, Corn, Green Beans —Chef's Special Cake— Roast Beef & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Homemade Potato Salad	17 Pork Loin w/ Black Peppercorn Sauce Mashed Potatoes, Broccoli —Tangerine— Spinach Salad W/ Chicken, Mandarin Oranges, Dried Cranberries, Feta Cheese, Vinaigrette Dressing
20 Beef Chili Mac Peas & Onions, Zucchini Medley —Cream Sandwich Cookies— Tuna Salad Sandwich with Spinach and Tomato, Marinated Tomato & Onion Salad	21 Roast Pork w/ Mustard Sauce Cabbage, Couscous Pilaf —Pear— Kale Chicken Salad w/ Chopped Kale Shredded Brussel Sprouts, Dried Cranberries, Balsamic Dressing & Crackers	22 Turkey a la King Whole Grain Pasta, Cauliflower, Mixed Vegetables —Tropical Fruit— Garden Salad w/ Chicken Garbanzo Beans, Red Onion, Celery & Tomatoes, Italian Dressing & Crackers	23 Turkey Meatloaf w/ Red Sauce Au Gratin Potatoes, Zucchini —Fruit Cocktail w/ Coconut— Turkey & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Mediterranean Salad	24 Chicken Mole Spanish Brown Rice, Fiesta Corn —Kiwi— Taco Salad w/ Chicken, Diced Tomato, Corn, Black Beans, Cheese, Cilantro, Salsa Dressing & Crackers
27 Stuffed Bell Pepper Green Beans, Garlic Chive Mashed Potatoes —Applesauce— Egg Salad Sandwich with Spinach and Tomato, Cucumber, Red Onion, and Dill Salad	28 Beef Picado Spanish Brown Rice, Black Beans, Broccoli —Mandarin Orange w/ Jicama— Chef's Salad W/ Turkey, Ham, Egg, Tomato, Bacon, and Blue Cheese Dressing & Crackers	29 Chicken Chop Suey Brown & Wild Rice, Green Beans, Oriental Vegetables —Cantaloupe— Turkey, & Cheese Sandwich w/ Lettuce, Tomato and Pickle, Italian Pasta Salad	30 Oven Baked Chicken Corn Bread Stuffing, Mixed Vegetables —Peaches— Greek Chicken Salad w/ Tomato, Olives, Cucumber, Feta Cheese, Vinegarette Dressing & Crackers	31 Polish Sausage w/ Onions and Peppers Sauerkraut, Mashed Potatoes, Peas & Onions —Chef's Special Cake— Chicken Caesar Salad, Romaine Lettuce, Croutons, Caesar Dressing & Crackers